



Etruscan Primary School

PSHE Overview

Year	Autumn	Spring	Summer
EYFS	- Become more outgoing with unfamiliar people, in the safe context of their setting. - Develop appropriate ways of being assertive. - Talk with others and help to solve conflicts. - Be able to recognise the impact of own choices and behaviours/actions on others and knows that some actions and words can hurt others' feelings. Show interest in the lives of people who are familiar. - Know some of the things that make them unique, and can talk about some of the similarities and differences in relation to friends or family	- Develop a sense of responsibility & membership of a nursery / school / local community. - Increasingly follow rules, understanding why they are important. - Understand that expectations vary depending on different events, social situations and changes in routine, and becomes more able to adapt their behaviour in favourable conditions. - Caring for the environment	- Enjoy a sense of belonging through being involved in: key person group time, a range of daily activities, indoors and outdoors. - Show confidence & self-esteem through being outgoing towards familiar people and some new. - Take risks & try new things. - Develop confidence within different social situations. - Able to express own needs & asks adults for help. - Be increasingly independent in meeting own care needs, e.g., brushing teeth, using the toilet, washing & drying hands - Make healthy choices about food, drink, activity & tooth brushing
Reception	- Develop friendships with other children, which help them to understand different points of view and to challenge their own and others' thinking. - Increasingly socially skilled and will take steps to resolve conflicts with other children by negotiating and finding a compromise; sometimes by themselves, sometimes with support. - More able to manage their feelings and tolerate situations in which their wishes cannot be met. - Know that other children do not always enjoy the same things, and is sensitive to this, accepting difference of opinion	- Further develop the skills they need to manage the school day successfully: lining up & queuing, mealtimes, personal hygiene. - Recognise that they belong to different communities & social groups & communicate freely about own home & community. - Attempt to repair a relationship or situation where they have caused upset and understands how their actions impact other people	- Know & talk about the different factors that support their overall health & well-being: regular physical activity, healthy eating, tooth brushing, sensible amounts of screen time, having a good sleep routine, being a safe pedestrian. - Can describe own competencies, what they can do well & are getting better at, describing themselves in positive but realistic terms. - Proactive in seeking adult support and able to articulate their wants and needs

Whole School Focus	Relationships			Living in the Wider World			Health and Wellbeing		
	Families and Friendships	Safe Relationships	Respecting Ourselves and Others	Belonging to a Community	Media Literacy and Resilience	Money and Work	Physical Health and Mental Wellbeing	Growing and Changing	Keeping Safe
Year 1	<i>Roles of different people, families; feeling cared for.</i>	<i>Recognising privacy; staying safe; seeking permission.</i>	<i>How behaviour affects others; being polite and respectful.</i>	<i>What rules are; caring for others' needs; looking after the environment.</i>	<i>Using the internet and digital devices; communicating online.</i>	<i>Strengths and interests; jobs in the community.</i>	<i>Keeping healthy; food and exercise, hygiene routines; sun safety.</i>	<i>Recognising what makes them unique and special; feelings; manging when things go wrong.</i>	<i>How rules and age restrictions help us; keeping safe online.</i>
Year 2	Making friends; feeling lonely and getting help.	Manging secrets; resisting pressure and getting help; recognising hurtful behaviour.	Recognising things in common and differences; playing and working cooperatively; sharing opinions.	Belonging to a group, roles and responsibilities; being the same and different in the community.	The internet in everyday life; online content online and information.	What money is; needs and wants; looking after money.	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; manging feelings and asking for help.	Growing older; naming body parts; moving class or year.	Safety in different environments; risk and safety at home, emergencies.
Year 3	What makes a family; features of family life.	Personal boundaries; safely responding to others; the impact of hurtful behaviour.	Recognising respectful behaviour; the importance of self-respect, courtesy and being polite.	The value of rules and laws; rights, freedoms and responsibilities.	How the internet is used, assessing information online.	Different jobs and skills; job stereotypes; setting personal goals.	Health choices and habits; what affects feelings; expressing feelings.	Personal strengths and achievements; managing and reframing setbacks.	Risks and hazards; safety in the local environment and unfamiliar places.
Year 4	<i>Positive friendships, including online.</i>	<i>Responding to hurtful behaviour; managing confidentiality, recognising risks online.</i>	<i>Respecting differences and similarities, discussing difference sensitively.</i>	<i>What makes a community; shared responsibilities; shared responsibilities.</i>	<i>How data is shared and used.</i>	<i>Making decisions about money; using and keeping money safe.</i>	<i>Maintaining a balance lifestyle; oral hygiene and dental care.</i>	<i>Physical and emotional changes in puberty; external genitalia; personal hygiene routines;</i>	<i>Medicines and household products; drugs common to everyday life.</i>

								<i>support with puberty.</i>	
Year 5	Managing friendships and peer influence.	Physical contact and feeling safe.	Responding respectfully to a wide range of people; recognising prejudice and discrimination.	Protecting the environment; compassion towards others.	How information online is targeted; different media types, their role and impact.	Identifying job interests and aspirations; career choices; workplace stereotypes.	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies.	Personal identity; recognising individuality and different qualities; mental wellbeing.	Keeping safe in different situations, including responding in emergencies and first aid.
Year 6	Relationships, civil partnership and marriage.	Recognising and managing pressure; consent in different situations.	Expressing opinions and respecting other points of view, including discussing topical issues.	Valuing diversity; challenging discrimination and stereotypes.	Evaluating media sources, sharing things online.	Influences and attitudes to money; money and financial risks.	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online.	Increasing independence; managing transition	Keeping personal information safe; regulations and choices, drug use and the law; drug use and the media.